

INTERNATIONAL TRAINING COURSE: “OLYMPISM FOR VALUES EDUCATION”

3 - 11 of November 2017
Druskininkai, Lithuania

Background of the project. Today Europe is facing a great number of challenges in the field of youth work and youth policy: such as finding new ways for youth participation, preparing young people for the constantly changing labour market, inclusion of various youth groups. Quality non-formal education is a major tool to help children and youth prepare for integration into the society: develop awareness of values and principles, acquire needed skills, knowledge and experience. This training course will provide youth workers and educators from Lithuania, Latvia, Estonia, Poland, Romania, Bulgaria, Italy, Portugal and Germany with tools to face the challenges and will contribute to finding solutions. The training course is organized by the National Olympic Committee of Lithuania and funded by the European Union program “Erasmus+”.

About Olympic Values Education Program. According to Olympic Charter, Olympism is a philosophy of life which stresses the importance of balance between the qualities of body, will and mind. Blending sport with culture and education, Olympism seeks to create a way of life based on the joy found in effort, the value of good example and respect for universal fundamental ethical principles. Olympism is a catalyst for the development of each human being. Project “Olympism for values education” team will promote educational philosophy based on Olympic values and non-formal education. Methodologies of Olympic values education program (OVEP 2.0) and non-formal education will be shared with participating youth workers and educators.

Overall aim of the training course

Train youth workers and educators on how to work with Olympic values and non-formal education methodologies through sport.

Objectives

- Analyse Olympic and other values in the context of contemporary world, today's reality of young people;
- Explore and understand the principles of non-formal education and its links with Olympic values education;
- Explore sports as a specific approach to work with various youth groups;
- Develop competencies of educators and youth workers needed for efficient values education;
- Create an environment for participants to reflect on their personal values;
- Create values' education strategies and methodologies for youth workers from various EU countries;
- Explore ideas for integration of Olympic Education into school system in various European countries.

Who can participate?

- Educators and youth workers who are directly working with young people;
 - Educators and youth workers who are interested in Olympic philosophy and would like to expand their knowledge and expertise and share their experience in education through sport;
- All selected participants should be able to:
- participate in whole duration of the training course;
 - be committed to disseminating project results in their local environment;
 - conduct follow up activities of the project in their local realities and daily educational work;
 - communicate in English language and be able to effectively participate in the training course.

Methodology. Training course will be based on the methodology of non-formal education and Olympic values education program (OVEP 2.0, read more here: <https://www.olympic.org/olympic-values-and-education-program>), therefore participants should expect to participate actively in various, challenging group and personal reflection activities.

THE TRAINERS



Donatas Petkauskas, Trainer (Lithuania) – experiential learning trainer and supervisor. Specialized on topics of group/team building, leadership, decision making and conflict solving, training of trainers, training of youth workers and sport coaches on various educational topics. Involved in the training field since 2002. He has conducted numerous trainings for youth workers and sport coaches on the topic of education through sports.



Nerijus Miginis, Trainer (Lithuania). Field(s) of expertise: youth work, non-formal education, participation, European youth policy, youth research, advocacy and campaigning, strategic management and project management. Working experience in EU, EEE and EECA regions and experience in capacity building of civil servants, civil society organizations, business companies and local communities. Has a Masters degree on Education Policy and Research in Vilnius University (2010-2012).

Additional DETAILS

Date: 4 th - 10 th of November, 2017. Participants are expected to arrive in Vilnius by 15:00 on the 3rd of November. 11th of November is the departure day.

Participating countries: Lithuania, Estonia, Latvia, Poland, Germany, Portugal, Italy, Romania, Bulgaria.

In total 31 participants.

Location: Town of Druskininkai, Lithuania.

Costs: Lodging and boarding, program expenses will be covered by the organizers from the grant received by the “Erasmus+” program. Travel cost will be reimbursed according to the “Erasmus+” regulations by the organizers upon the return of the participants from the training course. You will be asked to find the cheapest means of transportation as there are limits for every participating country. Lithuanian NOC will reimburse each participant 100% of the travel costs (return ticket to the location, where the training will take place).

Participating countries, Partners

Number of participants

Lithuania - Lietuvos tautinis olimpinis komitetas	3
Germany - Deutsche Olympische Akademie	4
Portugal - Comité Olímpico De Portugal	4
Italy - Movimento Federalista europeo sezione di Olbia	3
Bulgaria - Youth Society for Peace and Development of the Balkans	3
Poland - Stowarzyszenie Universum	4
Estonia - Sihtasutus Harju Ettevõtlus- ja Arenduskeskus	3
Romania - Asociația Centrul Pentru Dezvoltare Comunitară Durabila	3
Latvia - Latvijas Jaunatnes Padome	4

The training course will be implemented in the framework of EU “ERASMUS+” program (Mobility of Youth Workers, Key Action I). Accommodation and food service will be fully covered. Travel expenses will be reimbursed at flat rates depending on travel distance. Please consult with us before buying any tickets and we will assist you in finding the best options.

Country of departure	Maximum Reimbursement (€ per person)	Country of departure	Maximum Reimbursement (€ per person)
Lithuania	20	Romania	275.00
Latvia	180.00	Bulgaria	360.00
Estonia	275.00	Portugal	360.00
Germany	275.00	Italy	
Poland	275.00		

How to apply

All you need is to be INTERESTED, MOTIVATED and meet the criteria for candidates. To apply, please fill in the online application form: <https://goo.gl/forms/W2gp4O0BfskiWgvN2> to be submitted no later than **Friday, 8 th September 2017** (selected participants will be informed on 15 th September 2017).

Vita Balsyte (Director of Olympic Education at the National Olympic Committee of Lithuania):
vita@ltok.lt

If you have any questions related to content of the training course, please, contact **Donatas Petkauskas: donatas.petkauskas@gmail.com** or **Nerijus Miginis: nmiginis@gmail.com**

Preliminary program of Training course: “OLYMPISM FOR VALUES EDUCATION”

(the program will be adopted to the needs of participants before the training course)

	Day 1, 4 th of November	Day 2, 5 th of November	Day 3, 6 th of November	Day 4, 7 th of November	Day 5, 8 th of November	Day 6, 9 th of November	Day 7, 10 th of November	Day 8, 11 th of November
Before noon	Getting to know each other Group building and knowing the context of participants	Non-formal education methodological principles	Understanding the inner and outer world of young people Theories of youth age psychology	Visiting best practices of Olympic education in Lithuania. Part 1	Developing methodological competencies. Overview of different methodologies	Workshop on Values education through sports conducted by participants and reflection	Tools for working with marginalized youth	Departure of Participants
Afternoon	Introduction to the training course, aims and program Expectations. Introduction to Values education	Education through sports The Olympic education for 21 st century skills development (based on OVEP 2.0)	Working with marginalized youth Essentials of educational activities and running a reflection	Visiting best practices of Olympic education in Lithuania. Part 2	Designing workshops on values education through sports	Gathering learning outcomes of participants from running workshops	Planning local dissemination actions. Presentation of Erasmus + program Youthpass and Evaluation	
	Meeting in reflection groups							
Evening	Socialization evening	Cultural evening	Recreational evening	Free evening Dinner in town	Free Evening/sports activities	Networking evening	Farwell evening	



Erasmus+