

ACTIVITIES OF THE ESTONIAN OLYMPIC ACADEMY



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Estonian Olympic Academy

ESTONIAN OLYMPIC ACADEMY

- Founded in 1989 in Tartu
- Since 2009 independent non-governmental organization, member of the Estonian Olympic Committee
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ESTONIAN OLYMPIC ACADEMY

The mission of the Estonian Olympic Academy is the promotion of the Olympic Movement in Estonia:

- Spreading Olympic ideas and promoting Olympic education
- Initiating and promoting academic discussion in the main subjects of Olympic Movement
- Involving youth into Olympic Movement



WHAT IS THE MEANING OF OLYMPIC EDUCATION?

- Explaining the basic principles of Olympic philosophy (C. Durant)
- Introducing Olympism and the idea of the Olympic Games (R. Paul).
- Promoting and spreading the ethical and educational values of the Olympic movement (A. Järvinen).
- Universal ideal in the sense of „Kalokagathia“ and Olympism (N. Nissiotis)
- Harmonious education of body and mind in the spirit of an Olympic philosophy (N. Müller)
- Forming the personality of each individual in Coubertin's sense, thus creating the foundations of international understanding (H. Baeskau)

OLYMPISM

“Olympism is a philosophy of life, exalting and combining in a balanced whole the qualities of body, will and mind. Blending sport with culture and education, Olympism seeks to create a way of life based on the joy of effort, the educational value of good example, social responsibility and respect for universal fundamental ethical principles.”

Fundamental Principles of Olympic Charter


HOW TO PUT INTO PRACTICE THE OLYMPIC EDUCATION?

- Education linked to Olympism involves two orientations:
 - 1) research on Olympism (the academic world)
 - 2) teaching through Olympism (children, adolescents and athletes) in:
 - academic programmes
 - youth programmes
- International cooperation and development via International Olympic Academy





- ### INTERNATIONAL COOPERATION PROGRAMMES
- Cooperation with the IOA:
 - Attendance in the IOA sessions
 - EOA Sessions at Olympia in 1998, 2002, 2007, 2011
 - Cooperation with the Finnish Olympic Academy
 - Common School Olympic Games since 2000
 - Cooperation with the Pierre de Coubertin Committee
 - Sending participants to the Pierre de Coubertin Youth Forums since 1999

- ### PROGRAMMES FOR THE WHOLE POPULATION
- Annual Conferences
 - Summer Sessions
 - Annual Award for the best sports publication named Georg Hackenschmidt since 2011 (in cooperation with the Estonian Sports Museum)
 - Olympic Education Website
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- ### PROGRAMMES FOR SPORTSMEN AND COACHES
- Traditional scientific sessions for analyzing performance of Estonian Olympic athletes since 1992
 - Involvement of Olympic sportsmen into educational activities (School Olympic Games, Summer Sessions, Integration projects)
 - Educational materials for the Estonian Olympic team
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- ### PROGRAMMES FOR THE UNIVERSITIES
- Integration of Olympism into curriculum of Tartu University
 - Essay contest for choosing participants to the IOA sessions
 - Annual scholarship named Prof Atko-Meeme Viru for the best young sports scientists since 2009
 - Organizing the Conference "Science, Sport and Medicine" in 16.-17.11.2012 (in cooperation with the Tartu University)
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PROGRAMMES FOR THE SCHOOLS

1. Project "School Olympic Games" since 1997
2. Project "Fair Play in Youth Sport" since 1997
3. Project "Olympic Values Education" in 2008
4. Integration projects in 2009, 2011
5. Youth projects "Values in Sports"



1. PROJECT "FAIR PLAY IN YOUTH SPORT"

- Valuating honesty and respect in youth sport
- Activities: Annual contests
- Awards: FP medal, T-shirts, books



2. PROJECT "OLYMPIC VALUES EDUCATION"

- Analyzing educational materials
- Compiling new educational video "School Olympic Games"
- Creating new website (in three languages)



www.olympiaharidus.eu

3. INTEGRATION PROJECTS

- "Together in learning and sporting" in 2009
- "Our Sports Heroes" in 2009
- "Fair Play in Estonian Sports" in 2011
- Integration of other nationalities (Russians) into Estonia
- Activities:



- Summer Session
- Compiling new roll-up

KULTUURIMINISTEERIUM
ESTONIAN MINISTRY OF CULTURE



Roll-up exhibition
"Our sports heroes"

Europa Kohandate Riiklike Kultuuride Integreerimise Fond

4. YOUTH PROJECTS "VALUES IN SPORTS"

- Educating young participants, promoting Olympic values through sports
 - Motivating participants' activity, creativity and voluntary work
 - Activities:
- Creativity contest in 2012
 - Summer Sessions for young participants in 2011, 2012, 2013
 - Compiling new educational material (board game) in 2012



4. YOUTH PROJECTS "VALUES IN SPORTS"



IN CONCLUSION

- Olympic education is a priceless investment in the construction of a better and more peaceful world
- Each NOA chooses its own way in applying Olympic education
- This was an example of applying Olympic education by Estonian Olympic Academy



**Wishing you a good co-operation
in our Grundtvig Workshop!**

